Terms & Conditions

The following applies to Fit 4 Her Gym

Welcome to Fit 4 Her Gym

Your membership is governed by these terms and conditions.
You should read these Terms carefully before you choose to become a member with Fit 4 Her.
If you have any questions regarding these terms, you should first contact us before you confirm your membership.

If you become a member of Fit 4 Her, you automatically accept these terms and conditions.
If you are not prepared to accept these Terms, you should not sign up and should not use our services. These terms apply to new members and current members.

1.About us
Fit 4 Her is a registered Gym in England and Wales.
If you wish to contact us or have any questions, please email info@fit4hergym.co.uk

2. Membership Contract
Fit 4 Her membership is a fixed term contract for 12 months. You will be required to complete a form about yourself. Please make sure you are well and fit to use the gym as we cannot provide medical advice if you have any health conditions. Whether you use the gym or not, the monthly fee will be payable via Direct debit. Cancellation of membership can only be issued under the discretion of the Gym manager and for a valid reason. Your membership entitles you to one membership freeze for one month during the12 month membership period.

3. Membership Payment
All new members will be liable to pay a Joining fee, along with the first Monthly Fee paid upfront. All future payments will be paid via a Direct Debit monthly for the duration of your membership. It is your responsibility to ensure the monthly direct debit is paid. If payment returns unpaid/bounced another attempt will be made on the 7th day after the missed payment. If the payment is still uncollected your account will go into arrears which may restrict you from using the gym until arrears are cleared.

5. Cooling off Period
You have the right to cancel your membership within 14 days of completing your sign-up process without giving any reason. After 14 fays has lapsed, cancellation can only be looked at by the Managers discretion.

2. Gym Access

Upon becoming a member, you will have access to a unique QR code. Your QR Access Code is issued solely to you for your own use, you must not give any other Member or non- member your QR Code to access Fit 4 her gym. You will be responsible for keeping your Access Code secure. You will breach your membership if you knowingly provide your QR access code to another. If for any reason you cannot access your QR code, a staff member will identify you and allow entry into Fit 4 Her manually. You will be required to provide ID.

6. Gym Safety
It is your responsibility as a member to make safe use of the equipment in the gym. All equipment will have a how to use instruction label to follow. If you are unsure, please ask a member of staff who will be happy to guide you.

7. Gym Rules
Gym usage and conduct must be adhered to. The rules of the gym will be displayed clearly. For the interest of other members your membership may be cancelled If you do not follow the gym rules

8. Gym closures
If for any unforeseen reasons the gym needs to be closed, sufficient notice will be provided to you. In cases of emergencies or situations beyond our control we may reimburse you.

9. Termination of contract
Your gym contract may be terminated if you breach any of our rules or member privacy. Abuse, violence and inappropriate language towards staff or any gym member will not be tolerated in our gym.

10. Your information
We fully comply with GDPR requirements where your personal information will be kept private and confidential within Fit 4 Her and our membership/payment processing services.

11. General
This contract is between Fit 4 Her gym and the named member; no other party may enforce these terms**.**

12. Consent
By joining Fit 4 Her gym you consent to the above terms and conditions.

Last Updated: 11/01/2024